



# DIGITAL SAFETY SHEET

ESSENTIAL FIRST STEPS TO PROTECTING YOUR SAFETY ONLINE

## A FEW SIMPLE STEPS CAN MAKE A BIG DIFFERENCE

The below steps will dramatically reduce the chance of a problem online. They will also minimize the damage done when a problem arises.

The convenience, connectedness and captivating nature of online activities lures people of all ages into the digital world.

But this digital world is fraught with criminals, sexual predators, identity thieves, hackers and others who take advantage of those who aren't being careful.

*The Digital Dilemma is a school assembly* that educates students and parents about the risks of being online and teaches them how to stay safe. In person and virtual options available.



### Adjust Your Privacy Settings

Disable location sharing, contacts & camera access for individual apps. Install a device firewall & VPN app.



### Clean Up Your Apps & Contacts

Remove all unused apps and delete any social media contacts that you don't know *and trust*.



### Two Factor Authentication

Use an authenticator app or hard token as 2FA for every account. SMS only as last resort.



### Use Strong & Unique Passwords

Use a password manager to store a *unique* 20 character password for each online account.



### Use Unique Email Addresses to Login

Each online account should be created with a unique email address that is forwarded to you.

\*See APPLE "HIDE MY EMAIL"



### WIFI WISDOM

Turn off WIFI & Bluetooth when not at home. Choose a generic name for your home network.

**NEVER** click on a link via text, email or SM that you don't trust.

Use physical lens covers for all phone and computer cameras.

**NEVER** post or share anything online that consider private.

BOOK AN ASSEMBLY FOR STUDENTS, STAFF OR PARENTS  
**551-800-7458**



We travel nationwide. Virtual assemblies are also available!

All of these tips and much, much more are explained in detail.