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Disposable Pupilometer With Directions

Print this sheet on photo or card stock paper. Cut card out along dotted lines. (Top portion is designed to be half-circles).

1 1.5 2 2.5 3 3.5 4 4.5 5 5.5 6 6.5 7 7.5 8 8.5 9
NORMAL PUPIL RANGE

Pupilometer



Directions: Hold either side of this card next to the subject's eye. Instruct them to stare at a fixed point on the wall. Match the pupil to the correct size circle.

Normal Pupil Range: 3 mm - 6.5 mm

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While you are taking your measurement, make note of the following:

<input type="checkbox"/> Droopy eyelids	<input type="checkbox"/> Muscle Tremors	<input type="checkbox"/> Rapid Breathing / Pulse
<input type="checkbox"/> Odor on breath	<input type="checkbox"/> Clenched Jaw	<input type="checkbox"/> Slow Breathing / Pulse
<input type="checkbox"/> Swaying head	<input type="checkbox"/> Slack jaw	<input type="checkbox"/> Powder on tongue / nostrils
<input type="checkbox"/> Slurred speech	<input type="checkbox"/> Jittery	<input type="checkbox"/> Reddened eyes

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NORMAL PUPIL RANGE

Abnormal pupil size is one of the conspicuous ways in which drug use presents itself. If you've noticed some indications that your child is "off", you can quickly check their pupil size as a means of increasing or decreasing your suspicions.

If you detect a pupil size that is clearly above or below the normal range shown above, you should feel confident in deciding to administer a drug test.

This empowering tool should expand your competence and confidence in detecting drug use. The results should be considered in conjunction with other factors, such as those listed on the card. Also note that the pupils will only be abnormal while the user is actually under the influence of marijuana, hallucinogens, CNS stimulants, and some antidepressants. Please refer to mpoweredparent.com/pupilometer for more information.