



Drug Symptom Identification

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This isn't as confusing as it might seem! Stay focused on detecting a change from normalcy. Then worry about narrowing it down. The best method is to let a drug test do the deciphering for you.

Visit www.mpoweredparent.com for instructions on performing sobriety tests.

	Alcohol	Tobacco	Marijuana	Inhalants	Stimulants	Depressants	Hallucinogens	Narcotics	PCP
Duration of Symptoms	App. 1 hour per each serving	20 minutes	2 to 4 hours	5 minutes to 8 hours	5 minutes to 12 hours	1 to 16 hours	5 minutes to 12 hours	4 to 24 hours	4 to 6 hours
Detectible by Drug Test	12 hours	17 hours	1 to 10 days	Not detectable	4 hours to 2 days	2 hours to 2 days	2 hours to 2 days	2 hours to 2 days	4 hours to 7 days
Pupil Size	Normal	Normal	Dilated*	Normal	Dilated	Normal	Dilated	Constricted	Normal
Lack of Convergence	Normal	Normal	Present	Present	Normal	Present	Normal	Normal	Present
Temperature	Normal	Normal	Normal	Varies	Higher	Normal	Higher	Lower	Higher
Pulse Rate	Higher	Higher	Higher	Higher	Higher	Lower	Higher	Lower	Higher
Blood Pressure	Higher	Higher	Higher	Higher	Higher	Lower	Higher	Lower	Higher
Time Estimation	Normal	Normal	Slower	Faster	Faster	Slower	Slower	Slower	Faster
Other Symptoms	Odor on breath Slurred speech Lack of coordination	Odor on breath or clothes Stained fingers or teeth	Red eyes Odor on breath or clothes Eyelid tremors Muscle tremors Increased appetite	Odor or residue on mouth or clothes Nausea Headache Disoriented	Jittery Talkative Runny nose or dry mouth	Disoriented Drowsy Uncoordinated Slow, slurred speech	Spacey Hallucinations Paranoia Memory loss Uncoordinated	Sleepiness Droopy eyelids Soft, low voice Euphoria	Confused Aggressive Sweaty Repetitive

- Marijuana usually causes a conspicuous but short-term dilation of the pupil. It will only be detectable for about 20 minutes after use, or after high doses.



Drug Categories

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Alcohol	Tobacco	Marijuana	Inhalants	Stimulants	Depressants	Hallucinogens	Narcotics	PCP
Beer Wine Liquor Mixed Drinks	Cigarettes Cigars Chewing Tobacco Snuff	Marijuana Hashish Hash Oil Marijuana used as cooking product Marinol	Solvents Gases Aerosols Nitrites (Examples) Spray Paint Hobby Glue Canned Air Gasoline Deodorizers Nitrous Oxide Whiteout Spot Remover Lighter Fluid Hair Spray	Cocaine Amphetamine Methamphetamine Adderall Ritalin Concerta	GHB Xanax Valium Rohypnol Klonopin Quaaludes	MDMD – Ecstasy LSD PCP Ketamine Mescaline Peyote Cactus Psychedelic Mushrooms	Heroin Morphine Hydrocodone Oxycodone Codeine Vicodin Percocet Oxycontin Demerol Fentanyl	PCP

These are the main drugs abused by teens and young adults. In actuality, there are hundreds. Do not get wrapped up in determining what drug your child may be using. Once you identify an indicator of drug use, its time to talk and test. Never assume that it's limited to alcohol or tobacco. Many teen tobacco smokers, for example, use marijuana as well. Prescription drug abuse is alarmingly prevalent amongst 12-17 year olds. Once a young person becomes a fan of recreational intoxication, the sky is the limit.